

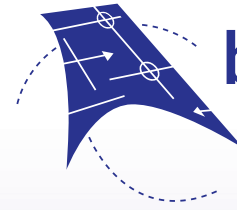


# John Haime

Coaching Practice Lead

*Human Performance Coach driven by helping performers understand how they can be great.*

Lives in Ottawa, Canada with his wife Tricia and son Aidan.



# blueprint

## What advice would you give new leaders?



“If you can’t lead yourself, you will have great difficulty leading others.”

Self-awareness is the fundamental piece of performance. If you don’t understand yourself, doors close quickly to next level competencies like building quality relationships.

## FAVORITES

### TED TALK ★★★★★

*My Stroke of Insight*  
by Jill Bolte Taylor

### BOOKS ★★★★★

*Man’s Search for Meaning*  
– A great story about purpose and the resilience of the human spirit.

### CITY ★★★★★

Ottawa, Canada – home is always the best place to be.

### QUOTE ★★★★★

“Life shrinks or expands in proportion to one’s courage”  
~ Anais Nin

## blueprint North America – Tell me more

We offer training, coaching, consultancy and keynote addresses that help unleash the potential of individuals, teams and organizations in three areas:

1 UNLEASH YOURSELF

2 UNLEASH YOUR PLAN

3 UNLEASH YOUR CUSTOMER

Anchored by our values – Purpose, Performance and Positivity – we believe that **success can be planned**, that winning is by design, and that you are the architect of your outcomes. Using blueprint processes, tools and concepts helps commercial professionals to learn to be disciplined, plan to be prepared, and **choose to be confident**.

## What inspired you to dedicate your life to helping people and organizations unleash their potential?

Playing a professional sport and needing to understand what happened in my career. And, working with people at the start of my career and seeing how excited they became to see what’s possible.

New passion projects



outside of blueprint that you’re currently working on...

Developing tools to help young athletes build mental and emotional muscles to perform better in their sports and acquire the skills needed in business, leadership and life.

See [athlemind.johnhaime.com](http://athlemind.johnhaime.com) as one example.

Proudest business accomplishment?



Seeing some of my performers go from off of the performance radar screen to some of the leading performers in the world.