

# Leveraging our Differences

## Personality Dimensions Workshop

<b>Format</b>	4 hr workshop (virtual or in-person)
<b>Participants</b>	Up to 40 participants
<b>Results</b>	Stronger teams, more effective communication, and an opportunity to increase self-awareness.
<b>Key Benefits</b>	<ul style="list-style-type: none"><li>• Better understand everyone's unique strengths and qualities.</li><li>• Learn to appreciate the differences in others using temperament theory.</li><li>• Gain tools for better communication, improved conflict resolution, and stronger team member relationships based on the knowledge of self and others.</li></ul>
<b>Blended Learning</b>	<ul style="list-style-type: none"><li>• Pre-workshop self-reflection</li><li>• Action-oriented handouts/report</li><li>• Weekly videos for the 4 weeks post session</li></ul>

## Overview

Personality Dimensions™ is a model for understanding yourself and others based on your personality temperament. The colors of Orange, Green, Blue and Gold are used to differentiate the four central personality styles of Personality Dimensions™ and each individual's color spectrum is determined using a 20-minute online assessment through picture cards and word sorts pertaining to work, home, relationships and communication.

Each of us has a combination of these colors that make up our personality spectrum, usually with one of the styles being the most dominant.

Identifying your personality and the personalities of others using Personality Dimensions provides you with insights into different motivations, actions and communication approaches so you are able to build and maintain better relationships at work and at home.



**Don't just take our word for it...**

Incredible training! This has had a significant impact on my team and their ability to work better together.

Director  
NATURAL FACTORS



**Personality  
DIMENSIONS®**

## Prep-Up

All participants will be sent a link to complete a 15-20 minute online assessment 10 days prior to the workshop. They will also receive a facilitator bio and an overview of the program.

## Follow-up

After the session, the following will be sent to all participants: 1) full personal report with helpful suggestions for working with different colors, 2) a cheat sheet for all four colors, 3) a team chart, and 4) videos to keep the content alive.

## Step-Up

- Online assessments are sent to all participants 2 weeks prior to the first session.
- A results overview is sent to all participants 24 hours ahead of the first session.
- For in-person delivery, all we need is a boardroom or meeting space.
- For virtual delivery, we use Zoom as the platform and customize the activities based on your specific needs.

## Who Should Attend

Anyone looking to improve inter-personal relationships and communication. Individual contributors, leaders, sales professionals, project managers and executives all benefit from this program,

It's also perfect for team building events, conference sessions, and lunch & learn events.



# 95%

Of participants say this workshop will have a significant positive effect on work relationships.

# 98%

Of participants say they would recommend this workshop to a friend or colleague.



## Additional Add-Ons

Personality Dimensions can be extended to explore how it is applied in a sales context, a customer service context, and leadership context.

- **Sales Dimensions** – explore how to read your customer's color, how to adjust your open and close, and how to build a stronger relationship.
- **Customer Dimensions** – understand how you can best deliver in customer service situations so everyone wins.
- **Leadership Dimensions** – Discover how to unleash the best in your team by adjusting to the team's colors.

Transforming PERSONAL Confidence